

From the President Alick Osborne

I hear Paul did a great job with a very interesting presentation on renewable energy at last week's meeting. Thanks Paul – sorry I missed it.

The meeting program for the middle of June is still being worked on. Hoping to get an update on End Trachoma Now.

And for the 19th June we have a change of venue – we will be at the Leigh Oak Hotel. See below.

Our first meeting in July we be attending the Camberwell Art Show.

Congratulations Bronwyn Stephens OAM



For Service to the Community of South Melbourne - and much more. Well Deserved!



Meetings & Roster

Wednesday 12th June

NYSF
NYSF Program Update by Trevor
&
Meet NYSF candidate Mary

Welcome: Sandi & Frank
Chair: Trevor
Sergeant: Hein

Wednesday 19 June

*Please note we will be at **Phoenix Park (22 Rob Roy Rd Malvern East)** for this meeting as **Matthew Flinders is not available on the 19th...***

*Also please note there will be a **Combined 2018-19 and 2019-20 Board Meeting at the conclusion of the regular meeting.***

Speaker: Dr. Steve Carbone
Preventing depression, anxiety and other mental health conditions

Dr Stephen Carbone has a passion for promoting people's mental wellbeing.

He holds qualifications in medicine, psychology and social work and has firsthand experience in supporting people with mental health conditions in both his professional and his personal life.

Stephen worked as a medical officer in Victoria's specialist psychiatric services and as a general practitioner for over two decades, before moving into mental health policy and research.

He was an active contributor in several key mental health reforms in Victoria and nationally and has held senior positions in organisations such as VicHealth, headspace and Beyond Blue.

He is currently the Chair of a new mental health charity called Prevention United which focuses exclusively on the prevention of mental health

conditions such as depression, anxiety, behavioural disorders and other serious conditions.

Stephen's talk focuses on the importance of preventing depression and anxiety by tackling the underlying causes of these conditions, rather than waiting until people are unwell before we act.

Upcoming Events

Bunnings BBQ – Sat 22nd June

Six sensational snag sizzlers required – see Lyle!

Changeover Dinner – Wed 26th June

Please RSVP to Tania this week.



Dawn of the desert!





















































































































































































































































































Rotary
Chadstone/East Malvern

*Requests the pleasure of the company
of Rotarians & Partners at the*

2019 - 2020 Changeover Dinner
Wednesday, 26th June 2019
6pm

*Riversdale Golf Club
200 - 280 Huntingdale Road
\$75 per head including welcome drinks*

RSVP and payments by Monday, 17th June
Please advise of any dietary requirements
Tania Aisbett: Tania.Aisbett@monashhealth.org or 0432 331 812

Payment by Monday 17th June 2019
RCCEM Club Account: BSB 083-187 Account 172382789

This is conservation not dinner selection right Chris?

Dig in the dancing (Q)Hein!

June 29 - July 7
Swinburne University Hawthorn
Gala Opening June 28 **2019**

Rotary Grace: For good food, good fellowship and the opportunity to serve through Rotary – we give thanks.

2 | Page